

(518) 273-4717 2400 2ND AVENUE, WATERVLIET, NY

2400 2ND AVENUE, WATERVLIET, NY WWW.WATERVLIETHOUSING.ORG

# **IN THIS MONTH'S NEWSLETTER**

AROUND THE WHA PG. 2-3 FUN FOR KIDS PG. 4 IN THE COMMUNITY PG. 5-6 SANTA VISIT APPLICATION PG. 7 CONTACT LIST PG. 8

# **CHECK OUT OUR FACEBOOK PAGE**

THIS MONTH	MON	TUE	WED	тни	FRI
<b>OCT 1</b> Wes pta meeting		WES PTA	2	3	4
OCT 3 City council meeting		<b>MEETING</b> 6:30 pm - 7:30 pm			
OCT 7 LAST DAY RENT IS DUE OCT 10 BOARD OF EDUCATION MEETING	7 LAST DAY Rent is due	8	9	BOARD OF EDUCATION MEETING 6:00 PM - 7:30 PM	11
OCT 14 COLUMBUS DAY Office Closed	14 Columbus	15 DANIE		17	18
OCT 15 QUINN INSPECTIONS Apartments 101-120	DAY OFFICE CLOSED	DANIE APT 101-120	L P. QUINN INSPE Apt 121-140	APT 141-160	
OCT 16 QUINN INSPECTIONS Apartments 101-120	21	22	23	24	25
OCT 17 QUINN INSPECTIONS Apartments 101-120					
OCT 17 CITY COUNCIL MEETING	28 WHA BOARD MEETING	29	30		
OCT 28 Wha board meeting	6:00 PM - 7:00 PM				

**OCTOBER** 

2019

# **EMAIL LIST**

If you don't already receive our emails and want to, please email Rmeyer@watervliethousing.org with your name and apartment number to be added to our list. We will be able to send you important information about work being done around the sites, community events, and any policy changes being made at the Watervliet Housing Authority. Please be sure the office has all of your contact information up to date in our system including a working phone number, email address, and current license plate number. We need to be able to contact you efficiently. Call the office at 273-4717 to update your information with a staff member.





# Edwin Joslin APARTMENTS



# **DANIEL P. QUINN INSPECTIONS**

Apartments are inspected for cleanliness, repairs that may be needed, and for any possible improvements. If you have any questions or problems, they can be discussed during the inspection. Please make sure **ALL** items are removed from the window area. Please remove all items off the top of your stove and burners. Please be sure to keep your stove tops clean! Call in any work orders before the inspection. Poor housekeeping, missing fire detectors, and any damage beyond ordinary wear and tear are grounds for a failed inspection. Below is the schedule of inspections:

> October 15th Apt. 101-120 October 16th Apt. 121-140 October 17th Apt. 141-160

#### REMINDER

4311146

Don't forget to put your name and apartment number on your check or money order before you hand in your rent payment each month. If you mail in your rent payment or drop it through the mail slot, we are now required to mail you your receipt.

# **CIGARETTE BUTTS**

It has come to our attention that tenants are leaving cigarette butts outside of their apartments and in common areas. Do not throw your cigarette butts on the ground or you will be back-charged. It is unsightly and takes time from our maintenance staff to clean up after you. Be aware that we have cameras operating at every site.

# **AIR CONDITIONERS**

Air conditioners must be removed from all windows by October 1st! If you do not remove your air conditioner by this date, you will be charged \$25 to your account. **STAN THE PRODUCE VAN IS BACK** 

Every Thursday from 10:30 AM - 11:30 AM, Stan the Produce Van will be giving out free fruits and vegetables outside of the WHA Administrative Office. Everyone is welcome and all produce is FREE.

# LITTLE FREE LIBRARY AT VRV

The VanRensselaer Village site now has a Little Free Library! Feel free to take a book or leave one for someone else. Please be respectful of this privilege. Parents: please supervise your children when using the Little Free Library. This area is monitored by surveillance camera. If it is found that your children are causing damage to the property, you will be charged on their behalf.

# **SHUTTLE TO MARKET 32 CANCELED**

Due to lack of participation, Market 32 has canceled the free bus to their store for seniors.

# **NEW JOSLIN BIKE SHED KEY**

We have replaced the lock on the bike shed in the Joslin Courtyard, located near apartment 537. If you have a key to the old lock, you may bring it into the office to exchange it for a new key. If you do not have a key, but would like one, the first is free and any additional keys are \$6. There have been numerous incidents of stolen bikes this summer, so we strongly recommend you lock them up in the shed. Do not remove the new lock. Be sure it remains locked both before and after use.

# **WORK ORDERS**

Work orders must be called into the administrative office at 518-273-4717. Do not report a work order to a passing member of the maintenance staff. Work orders roughly take 3-6 business days depending on the severity and if any other emergencies are taking place. Emergency work orders occurring during non-business hours should be reported to our emergency number 273-6085. Remember, if you call this number for a non-emergency, you will be charged. If it is a non-emergency during non-business hours, leave a message at the normal office number or call the next business day.

# Abram Hilton APARTMENTS

Thank you for sending us your first day of school photos with your new lunch boxes. We hope the children of Watervliet Housing have a great school year! Check out the newsletter every month to see the featured health tip. We will also be posting them to our Instagram and Facebook pages.



WE'RE ON INSTAGRAM Follow us on Instagram at @WatervlietHousingAuthority We post important information about what's happening at the WHA. Follow us to stay informed!



# WHAT ARE YOU BEING FOR HALLOWEEN?

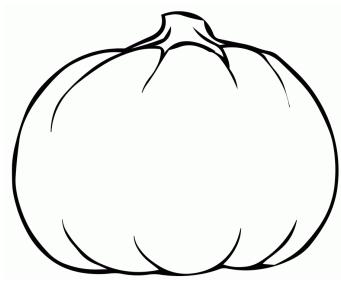
Share your pictures with us and we will feature them on our Facebook and Instagram pages! Email photos to office@WatervlietHousing.org.





AROUND THE WHA

### DRAW YOUR OWN JACK O'LATERN FACE ONTO THE PUMPKIN





### TIPS FOR BEING SAFE THIS HALLOWEEN

- Children under the age of 12 should not be alone at night without adult supervision. If kids are mature enough to be out without supervision, they should stick to familiar areas that are well lit and trick-or-treat in groups.
- Decorate costumes and bags with reflective tape or stickers and, if possible, choose light colors. Have kids carry glow sticks or flashlights to help them see and be seen by drivers, and always use sidewalks.
- Always check your children's candy before they eat it. Throw away any homemade or unwrapped candy.

#### **WHAT ARE YOU BEING** GHOST L S Κ Η L C Н U Р Т U Η Т Κ X C B Т I. A **FOR HALLOWEEN?** D TREAT Κ E С C I R Т Y U B I Т F Κ Ν I F F 0 Share your pictures with BATS W Т U Y I E E D E A Ι M D A F L A Т 0 A us and we will feature SPOOKY Т E Κ R S В R R Ζ Κ U C А Х I Y 0 V Q N them on our Facebook COFFIN and Instagram pages! E Z E A Р х C V С S I Р Q R E Z F R V Y SKELETON Email photos to office@ Р W Ζ R Р Ο F Ο R Ο Α С D Q Y U Κ Y Η Κ WatervlietHousing.org. WEB R Ζ R Р D Ο L С Р S Z C F Р Ι В I Κ Μ Μ TRICK Ζ F G Х Η Κ С Η U J N V Η Х Η 0 A A Ι Т COSTUME R С F D W Y Κ С Μ W Т Y K V Y M 1 U Т A PUMPKINS S S W E E Ο U Κ S Q J Η D W L Μ W Q Μ Т BROOMSTICK Ζ **BLACK** Ο F Р U J E х Κ D v X B E G W D C Μ G SCARECROW 0 F F V R U R U Ν Η 0 0 W Α Ι I Μ Μ M L WEREWOLF S Κ R Z Z Н E E Р V Т G U V B Х P 0 Μ 0 CANDY С S W G F F W Р Т Q R I Κ Ν Ν F W D L R VAMPIRE Х W F G W E G D Μ Ο Ο W Х А С A U В Ζ Η STRAW Т R Т E Ν Ν D G Ρ Ζ F G L Η S D L L Μ Κ MITH В F G Т V R S С E G W F L F V 0 0 Ο L Ι CAT S S Η Т U В Х G Y S G F Κ S Q Х Ι С I U SPIDER S E S В S W S R Η В I N 0 Т E L Κ Μ U B S В B G C Α M D I Т R С Y Κ Q R W U E I

#### HALLOWEEN WORD SEARCH

an Rensselaer Village Watervliet Housing Authority

# WHITNEY YOUNG SCHOOL-BASED PROGRAM

The goal of Whitney Young Health's School-Based Health Center (SBHC) program is to promote overall health of children so that they are able to fully benefit from their education. School-based health centers provide primary and preventative medical services to students enrolled in the program.

#### Why Enroll My Child in a School-Based Health Center?

They save parents/guardians time as students can be seen on-site without you having to take time off. They can provide necessary care on-site when the student is sick and write prescriptions and referrals. They work with the school nurse to keep students healthy. They decrease time spent outside of the classroom due to health-related issues. They work in collaboration with your child's primary care provider if they already have one.

Currently, Whitney Young Health is offering school-based health center services with the Watervliet City School District for elementary, junior and high school students. The SBHC is located at Watervliet Junior/Senior High School. Enrollment forms are available at the Watervliet Elementary and Jr/Sr High School and at the Watervliet Housing Authority. You can also download the application at *https://www.wmyhealth.org/services/sbhc.* 

If you have any questions about eligibility or the services provided, please contact your school-based health center at 518-629-3200. If you are interested in enrolling your child into a school-based health center, please

#### **CITY COUNCIL MEETINGS** SCHOOL BOARD MEETING Meetings are held at the Watervliet Senior Board meetings are held at the Watervliet Jr/ Center, 1501 Broadway, Watervliet, at 7 PM. Sr High School, 1245 Hillside Dr, at 6 PM. October 3rd & October 17th Thursday, October 10th American Cancer ociety® SUNDAY, OCTOBER WASHINGTON PARK **FOLLOW EVENT** 20, 2019 PARADE GROUNDS **Cynthia Somma** MAKING STRIDES AlbanyNYStrides@cancer.org Dav-of Check-In: 10 am Willet Street and **Hudson Avenue** Walk: 12 pm **Against Breast Cancer®** Albany, NY 2019 Walk To register and for more information, visit www.secure.acsevents.org.

IN THE COMMUNITY 5





# **50TH COMMUNITY THANKSGIVING DINNER**

This year marks the 50th Anniversary of the Equinox Community Thanksgiving Dinner. The Equinox Thanksgiving Dinner Hotline (518.434.0131) is open from mid-October through Thanksgiving. You can call during that time if you would like to volunteer or make a monetary, food, or in-kind donation. **Be on the lookout for an email** from the WHA, asking if you would like to receive a free dinner delivery from the equinox this year. Update your email address with the office today to be sure you are getting these important messages.

# **COATS FOR THE COMMUNITY**

Coats for the Community distributes FREE coats each year to families of the Capital District. You can pick up coats at the Cohoes Community Center (97 Mohawk St, Cohoes, NY 12047) on the following dates:

#### Friday October 25 1:30 PM - 6:00 PM Saturday October 26 9:00 AM - 12:00 PM

You must bring proof of residency for ever person receiving a coat. We are also collecting coats to be donated at the housing office. Call Mary Clinton at 518-273-4717 ext. 203 for more information.

#### **ACAP CDL TRAINING**

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This FREE training will help you receive a Commercial Driving License, with which you are able to drive local heavy-duty vehicles including buses and cement mixers for companies in the area. Flexible training schedules are available and average training time is 4-6 weeks. You must have a valid driver's license and be at least 18 years old. Call Albany County Action Partnership (ACAP) at 518-463-3175 for more information.

# **48TH ANNUAL FESTIVAL OF NATIONS**

When: Sunday Oct 20, 2019 at 5:00 PM Where: Empire State Plaza Cost: \$5 adults, \$2 children (3-12)

The 48th Annual Albany Festival of Nations represents 28 countries, with each country celebrating their culture through food, crafts and performances. The festival is presented by ethnic groups from Afghanistan, Argentina, Armenia, Bangladesh, Burma, China, Dominican Republic, Ethiopia, Greece, India, Indonesia, Israel, Italy, Korea, Liberia, Lithuania, Mexico, Morocco, Nepal, Nigeria, Pakistan, Poland, Puerto Rico, Russia, Scotland, Taiwan, Turkey, and Ukraine. Come and be part of the celebration of cultural diversity!

## **ACAP HEALTHCARE TRAININGS**

Register for upcoming fall classes now! With these trainings, you can gain industry-recognized credentials that will start you on a new career path. Phlebotomy Classes start October 21st and you must register by October 7th. ACAP Offers free bus passes, gas cards, and scrub vouchers. They can also help with supportive job placement with top health care employers in the area. Call 518-463-3175 or visit 333 Sheridan Ave in Albany with any questions.

	FOR OFFICE USE ONLY TAG #	
2010 SANFA VISIT	DATE RECEIVED	
APPLICATION		

The holidays are almost here and we want your child to have the best Christmas possible! That is why the Watervliet Housing Authority is asking local businesses, organizations, and residents to help provide gifts to families in need. If you are interested in having Santa visit your children with presents this year, please fill out this application by **Friday**, **November 15th** and return it to the office. If you have an idea of a small gift, please provide that as well in the specified field. *If you are requesting clothes or shoes for your child, make sure you list sizes.* All children on the application must be legal household members of your apartment and listed on your lease. Be sure to fill out every section of this application. If you have any questions, contact the office at 273-4717 as soon as possible.

APARTMENT ADDRESS					
	EMAIL ADDRESS				
Remember to list sizes if you are requesting any type of clothing.					
CHILD 1 NAME	GENDER M F AGE				
GIFT IDEA					
CHILD 2 NAME	GENDER M F AGE				
	GENDER M F AGE				
	GENDER M F AGE				
GIFT IDEA					
CHILD 5 NAME	GENDER M F AGE				

Be sure to fill out every section of this application and return it to the WHA office by Friday, November 15th.



# **MILITARY BANNER WEBSITE**

As a sponsor of the Watervliet Military Banner website, the Watervliet Housing Authority will now be featuring one banner every Monday to honor our community military members and veterans. As part of the this project, we also encourage you to check out the Watervliet Military Banner website- **www.watervlietmilitarybanners.org**. On this website, you can browse the banners, find their locations in the city, read biographies about the military members, donate, and learn how to apply for a new banner. For more information or to add a biography, email CPatricelli@Watervliet. com or CChartrand@Watervliet.com. Charles A. Jeseo



WATERVLIET HEROES Jeseo, Charles A. United States Navy Banner Location: 3rd Ave & 4th St

Born in Albany, he was the son of the late James C. and Claire Micholsky Jeseo. He was a 1951 graduate of Siena College.

He was a US Navy veteran of World War II. Charles was employed by the Ford Motor Co. for 37 years as an accountant before retiring.

During tax season, he would return to work at Grogan & Stufflebeam, LLC Accountants until retiring in 2015.

He was the longest term commissioner in the history of the Watervliet Housing Authority, serving on the Board of Directors from 1989 until his death.

He was respected by his colleagues throughout New York State and the U.S. Department of Housing.

# **MENTAL HEALTH TIP OF THE MONTH**

Thursday, October 10th is World Mental Health Awareness Day! Mindfulness training can be a great way to reduce stress and increase your relaxation. It has also been known to reduce blood pressure. Once a day, choose a time and location you will practice this skill. It can be on the bus, in the shower, or even in the parking lot at work. All you have to do is spend 5 minutes focusing on your breathing and being aware of your body. When you feel your mind starting to wander, bring your attention back toward your breathing. This skill, just like a muscle, takes time to strengthen. See if you can add this to your schedule every day or even once a week. *Visit fix.com to learn more about mindfulness training* 

